

## **INSTRUCTOR'S SYLLABUS**

**Course Number:** PHED 1117.S01

**Course Title:** Beginning Tennis

**Course Credit Hours: 1    Lecture Hours:    0    Lab Hours:    3**

**Course Delivery Method:** Lecture/Lab

### **Instructor's Information:**

Instructor's Name: Martin Berryman

Office Number: A217B

Office Hours: MWF 9am-10am MW11am-1pm

Contact Information: 972-881-5884; [mberryman@cccdd.edu](mailto:mberryman@cccdd.edu), For  
Emergencies, contact the Physical Education Department at 972-881-5925

### **Class Information**

**Class Meeting Times:** MWF 10-10:50am

**Class Meeting Location:** SCC, BB 118

### **Textbook:**

**Required:** Brown, Tennis Steps to Success, 3rd-2004, Human Kinetics Pub.

**Supplies:** No Black sole sneakers, shorts, water bottle

### **Measurable Student Learning Outcomes:**

1. To understand the history, rules, etiquette and proper equipment needed for tennis.
2. To understand and perform the fundamental skills and playing strategy.
3. To improve the individual students skill levels in playing tennis.
4. To demonstrate sport and fitness-related skills and apply the use of the skills in lifetime activity in the promotion of health and wellness.
5. To demonstrate knowledge of nutrition and its implications for sport performance, physical fitness, and wellness.
6. To recognize the importance of the relationship between lifetime activity and the quality of life.
7. To demonstrate the biomechanics of fundamental movements and skills.
8. To develop the kinesthetic sense in the process of acquiring movement skills.

### **Course Requirements:**

1. Attendance
2. Skill test
3. Written examination
4. Participate in class competition in both singles and doubles

**Method of Evaluation:**

- |    |                              |     |
|----|------------------------------|-----|
| 1. | Attendance and Participation | 40% |
| 2. | Midterm                      | 25% |
| 3. | Final Exam                   | 25% |
| 4. | Skills Test                  | 10% |

Scale:	90	to	100	A
	80	to	89.5	B
	70	to	79.5	C
	60	to	69.5	D
	59.5	-	0	F

**Attendance Policy:**

Once you miss MORE THAN,  
6 classes in a class that meets 3 times per week, or  
4 classes in a class that meets 2 times per week, or  
2 classes in a class that meets 1 time per week,  
**Summer School: Zero class misses**

With any combination of authorized and/or unauthorized absences, you will no longer be eligible to receive credit for the course. If you do not drop in accordance with the CCCC Academic Calendar, a grade of "F" will be assigned.

**The last day to withdraw is:** November 14, 2008

**Religious Holy Days:** Please refer to the current Collin Student Handbook

**Course Repeat Policy:** You may **repeat** this course **only once** after receiving a grade, including W.

**ADA Statement:**

It is the policy of Collin County Community College to provide reasonable accommodations for qualified individuals who are students with disabilities. This College will adhere to all applicable federal, State and local laws, regulations and guidelines with respect to providing reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to contact the ACCESS office, SCC-G200 or 972.881.5898 (VTTD: 972.881.5950) in a timely manner to arrange for appropriate accommodations:

## **Academic Ethics:**

The College District may initiate disciplinary proceedings against a student accused of scholastic dishonesty. Scholastic dishonesty include, but is not limited to, statements, acts, or omissions related to applications for enrollment or the award of a degree, and/or the submission as one's own work material that is not one's own. Scholastic dishonesty may involve, but is not limited to, one or more of the following acts: cheating, plagiarism, collusion, use of annotated texts, or teacher's editions, and/or falsifying academic records.

**Plagiarism** is the use of an author's words or ideas as if they were one's own without giving credit to the course, including, but not limited to, failure to acknowledge a direct quotation.

**Cheating** is the willful or receiving of information in an unauthorized manner during an examination, illicitly obtaining examination questions in advance, copying computer or Internet files, using someone else's work for the assignments as if it were one's own, or any other dishonest means of attempting to fulfill the requirements of a course.

**Collusion** is intentionally aiding or attempting to aid another in an act of scholastic dishonesty, including but not limited to, providing a paper or project to another student; providing an in appropriate level of assistance; communicating answers to a classmate during an examination; removing test or answer sheets from a test site, and allowing a classmate to copy answer.

## **Tentative Course Calendar:**

### **Week**

1. Origin and development of Tennis- rules & Regulations-Etiquette-Nutrition-Selection of equipment and safety hints-Basic Warm-up drills.
2. Basic Forehand Drive
3. Basic Backhand Drive
4. Service Stroke
5. Service Returns
6. Volleys: Forehand and Backhand
7. Lob/Overhead Smash-skills Tests
8. Round Robin Singles & Strategies (Mid term)
9. Round Robin Singles & Strategies
10. Round Robin Doubles & Strategies

11. Conditioning for Tennis
12. Class Competition in Singles-Single Elimination and Consolation
13. Continue Singles Tournament
14. Class Competition in doubles-Single Elimination and Consolation
15. Continue Doubles Tournament
16. Skills Test and Final Exam

**Note:** A copy of the generic syllabus is available in the division office and on the college web site: <http://iws.ccccd.edu/syllabus>.