

INSTRUCTOR'S SYLLABUS

Course Number: PHED 1115.S01

Course Title: Archery

Course Credit Hours: 1 Lab Hours: 3

Course Delivery Method: Lecture/Lab

Instructor's Information:

Instructor's Name: Martin Berryman

Office Number: A217B

Office Hours: MWF 9am-10am; MW 11am-1pm

Contact Information: 972-881-5848; mberryman@cccdd.edu; For Emergencies, contact the Physical Education Department at 972-881-5925

Class Information

Class Meeting Times: Tr. 11:30am-12:45pm

Class Meeting Location: SCC, A 100

Textbook:

Required: Engh, Douglas; Archery Fundamentals, A Better Way to Learn the Basics, Human Kinetics, 1st 2005

Supplies: **Finger Tab, Six Arrows, walking shoes**

Measurable Student Learning Outcomes:

1. To demonstrate knowledge of the basic history, terminology, and safety guidelines of archery.
2. To demonstrate knowledge and understanding of the archery tackle and compound bow and skills to use it appropriately.
3. To demonstrate the skills of shooting including stance, knocking arrow, sight adjustments, drawing, aiming, anchor point and releasing.
4. To demonstrate knowledge of scoring and tournament rules for competitions.
5. To demonstrate sport and fitness-related skills and apply the use of the skills in lifetime activity in the promotion of health and wellness.
6. To demonstrate knowledge of nutrition and its implications for sport performance, physical fitness, and wellness.
7. To recognize the importance of the relationship between lifetime activity and the quality of life.
8. To demonstrate the biomechanics of fundamental movements and skills.
9. To develop the kinesthetic sense in the process of acquiring movement skills.

Course Requirements:

1. Attendance
2. Skill test
3. Written examination
4. Participation in class competition

Method of Evaluation:

1.	Attendance and Participation	40%
2.	Midterm	25%
3.	Final Exam	25%
4.	Skills Test	10%

Scale:	90	to	100	A
	80	to	89.5	B
	70	to	79.5	C
	60	to	69.5	D
	59.5	-	0	F

Attendance Policy:

Once you miss MORE THAN,
6 classes in a class that meets 3 times per week, or
4 classes in a class that meets 2 times per week, or
2 classes in a class that meets 1 time per week,
Summer School: Zero class misses

With any combination of authorized and/or unauthorized absences, you will no longer be eligible to receive credit for the course. If you do not drop in accordance with the CCCC Academic Calendar, a grade of "F" will be assigned.

The last day to withdraw is: November 14, 2008

Religious Holy Days: Please refer to the current Collin Student Handbook

Course Repeat Policy: You may **repeat** this course **only once** after receiving a grade, including W.

ADA Statement:

It is the policy of Collin County Community College to provide reasonable accommodations for qualified individuals who are students with disabilities. This College will adhere to all applicable federal, State and local laws, regulations and guidelines with respect to providing reasonable accommodations as required to afford

equal educational opportunity. It is the student's responsibility to contact the ACCESS office, SCC-G200 or 972.881.5898 (VTTD: 972.881.5950) in a timely manner to arrange for appropriate accommodations:

Academic Ethics:

The College District may initiate disciplinary proceedings against a student accused of scholastic dishonesty. Scholastic dishonesty include, but is not limited to, statements, acts, or omissions related to applications for enrollment or the award of a degree, and/or the submission as one's own work material that is not one's own. Scholastic dishonesty may involve, but is not limited to, one or more of the following acts: cheating, plagiarism, collusion, use of annotated texts, or teacher's editions, and/or falsifying academic records.

Plagiarism is the use of an author's words or ideas as if they were one's own without giving credit to the course, including, but not limited to, failure to acknowledge a direct quotation.

Cheating is the willful or receiving of information in an unauthorized manner during an examination, illicitly obtaining examination questions in advance, copying computer or Internet files, using someone else's work for the assignments as if it were one's own, or any other dishonest means of attempting to fulfill the requirements of a course.

Collusion is intentionally aiding or attempting to aid another in an act of scholastic dishonesty, including but not limited to, providing a paper or project to another student; providing an in appropriate level of assistance; communicating answers to a classmate during an examination; removing test or answer sheets from a test site, and allowing a classmate to copy answer.

Tentative Course Calendar:

WEEK

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| 1 | Introduction- history, safety rules, nature and purpose of archery. Physical conditioning for the archer. |
| 2 | Nutritional aspects and needs for archery. |
| 3 | Archery Tackle-arrows, bows, targets and accessories (Video-Selecting, Tuning and shooting Guide for Modern Compound Bows) |
| 4 | Selecting and fitting of archery equipment, arrow selection, draw weight, peak weight, holding it. |

5	Fundamentals of Target Archery, anchor point, stance, wrist and arm position.
6	Bow tuning and sight adjustments for grouping. Class shooting with partners
7	Review/Bow and arrow terminology and parts Target Archery- Midterm
8	Target Archery/Scoring/arrow repair.
9	Target Archery/Scoring
10	Class competition
11	Class competition
12	Class Competition
13	Class Competition
14	Class competition Tournament
15	Skills Test
16	Final Exam

Note: A copy of the generic syllabus is available in the division office and on the college web site: <http://iws.ccccd.edu/syllabus>.